



Photographer: Casper Hedberg

Horrible Mixtures

Stina Nyberg

Right now, you are sitting on the first row in a big square room with black surfaces. In the middle of the room hangs a big white curtain in a thin fabric with an elegant fall. In front of the curtain, on top of it, hangs a bright blue fabric which is tied up and looks like a sort of sloppy made drape-like decoration. Every time I enter a room like this, I think about work. I think of exercises and ideas in practice, and of water bottles. I am here to interpret a dance performance for you, a story about what takes place on stage but also a story in itself.

Shapes of States traces the historical and political writing of the body by connecting the Swedish public health ideologies from the 1920's with contemporary training ideals. Seeing the body as malleable material, which are the means through which we sculpt it? And what is the daily shaping of the body doing to the way we shape society?

With a starting point in Meyerhold's biomechanics, the dancers in *Shapes of States* develop a movement vocabulary far from ideas of natural behaviour. In a series of dances they tell the broken story of a human belief in the disciplining of the flesh. The performance is visually described by the dancers on stage, offering various perspectives on how to perceive the form and content of dance.

Performance: Stina Nyberg
Choreography: Stina Nyberg with the help of Andros Zins-Browne
Set and costume design: Anna Uddenberg
Lighting design: Markus Granqvist
Artistic janitor: Jens Strandberg
Co-research: Zoë Poluch
Administration: Interim kultur Artist Cooperative
Produced by Stina Nyberg in co-production with MDT
Supported by the Swedish Arts Council, the Swedish Arts Grants Committee, Workspace Brussels and [DNA] Departures and Arrivals network which is co-financed by the Creative Europe program of the European Commission.

Duration: 60 min

Opened at MDT in Stockholm in March 2014

NORDBERG MOVEMENT

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Stina Nyberg

The choreographer and performer Stina Nyberg works in collaboration with a range of artist in her field. She always has a feminist approach to the body as a starting point, exploring its social and political construction - and ability to move. Acknowledging that the way we organise work is integral to the works we produce, she engages in methods for working together. Her works are marked by an investigation of the blurry divides between science and belief, aiming to rearrange the hierarchical relationships between different kinds of knowledge.

Nyberg has created a body of independent works, many co-produced and supported by MDT in Stockholm. Meanwhile, she has also been commissioned to create works for, amongst other, the Cullberg Ballet and the Royal Swedish Ballet. She is part of the group Samlingen which choreographs situations dealing with the herstory of dance, and is also a recurring member of New York based collective The Bureau for the Future of Choreography. During 2012–2014 she developed, choreographed and performed in the ‘Shaking the Habitual’ show with the Swedish band The Knife. She is based in Sweden and has a master’s degree in choreography from DOCH (University College of Dance and Circus), Stockholm.

www.1200m.org/stina/

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