



Photographer: Sarah Kjelleren

Landscapes of I

Björn Säfsten

Björn Säfsten's choreographic method deals with repetition, transformation and production of ambiguous modes of meaning. For *Landscapes of I* the process lingers between the personal and the fictional, the real and the fake, the biographical and the made-up.

Three longer solos are woven together in *Landscapes of I* through which personal choreographic landscapes emerge. The process works with rhythm and musicality created through repetitive use of transformative movements and sounds, creating a landscape of questions and answers. With a blend of crisp details and humour the three performers highlight chosen images of themselves, constantly moving. What is real? What is fake? Whose landscape are you stepping into or out of? Is there still something that can truly be called personal?

Landscapes of I lingers among memories, around manners, reflexes, conscious and unconscious actions. A hike in the landscape of our self-awareness, or the lack of. A questioning of the wish to control how we present ourselves, playing with the uncertainty of a fixed reality. An experiment with the expressions of honesty and the so-called personal.

In the work and practice of choreographer Björn Säfsten the body and the mind and its connected actions are scrutinized, dissected and exposed. The focus is on creating 'another body', another notion of human physicality, bringing images to life that visually problematize our notion of the human nature. The physical practice exposes images that occur from a certain physical action, in a chance method. The work thus takes visual turns and bends, often moulding itself whilst being performed, establishing itself anew each time for each audience encounter.

Choreography: Björn Säfsten
Created with the performers: Sophie Augot, Ilyas Odman and Will Rawls
Set and Lighting Design: SuToDa
Costume Design: Matilda Hyttsten
Produced by Säfsten Produktion and Nordberg Movement
Co-production: Säfsten Produktion and Riksteatern
Production residency provided by Riksteatern, Inkunst and The Chocolate Factory
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Opening Feb 20, 2018 at Inkunst, Malmö, Sweden

NORDBERG MOVEMENT

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www.nordbergmovement.se



Photographer: Nicklas Dennermalm

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Björn Säfstens own company, Säfsten Produktion works as a platform for choreographic creativity and experimentation. A node of theoretical and practical standpoints where artists come together to speculate and visualize criticism in choreography, politics, language and the production of identity. Through different type of concepts and works on stage, both self-initiated and commissioned, Björn Säfsten creates choreographic art in close collaboration with his current artistic team.

www.bjorn-safsten.com

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